



august 1975

# ffdc newsletter

## FFDC Fall Weekend - Something Special!

November 7, 8, 9 with

Mary Ann Herman

of Folk Dance House, New York City.

She will Teach:

- authentic Russian styling on favorite Russian and Ukranian dances (Karapyet, Korobushka, Espan, Alexandrovsky, Pas d'Espan, Kohanocha)
- Hopak and Kolomeyka ( advanced dances)
- Teaching techniques, for more fun learning dances as well as teaching.

We will stay at the Vinoy Park Hotel on the waterfront in St. Petersburg, will dance in their fine wooden floor ballroom, and will have authentic international meals catered by ethnic restaurants in the area. All rooms are double occupancy with two single beds and private bath. We will have use of the swimming pool.

This weekend promises to be one you will not want to miss. Registration forms will be in the September Newsletter.

and coming -

# ATANAS KOLAROVSKY

## Tampa Workshop

October 3 thru 5, Macedonian workshop, Univ. of S. Fla., Tampa, in the University Center. Begins Friday 6:45 thru Sunday 1:00 p.m. Send full registration fee, \$6.50, and if desired, sleeping bag reservations to Judith Baizan, 2503 Palm Dr., Tampa, 33609, by Sept. 29th. This is Atanas' second time here and Judith asks all dance leaders to consult with those planning to attend and indicate to her your preferences as to dances to be taught, retaught or reviewed.



The FFDC Newsletter is a publication of the Florida Folk Dance Council, Route 3 Box 90, Sarasota, FL 33580.

Officers of the Florida Folk Dance Council are:

President - - Cubby Whitehead  
 Treasurer - - Nolia Stephan  
 Secretary - - Bea and Phil Statnick

Individual membership in the FFDC is \$3.00 per year. Family membership (including husband, wife, and any children under 18) is \$5.00 per year. Membership fees should be sent to Nolia Stephan, 3500 Bayou Louise Lane, Sarasota 33581.

The FFDC Newsletter is sent to all members. Folk Dance groups may be listed in the FFDC Directory free of charge. Contributions to the Newsletter should be sent to Beadie, P.O. Box 19461, Orlando, FL 32814

ADVERTISING RATES

	<u>One Month</u>	<u>Six Months</u>	<u>One Year</u>
Full page	\$9.00	\$49.50	\$90.00
Half page	5.00	27.50	50.00
Quarter page	3.00	16.60	30.00
Eighth page	1.75	9.50	17.50

NOTE:

Your membership and your subscription to the Newsletter has EXPIRED - unless you have renewed your membership in the last few days. The July issue was listed as the last to be received without renewal, but - we've had so many renewals arriving, even as this issue went to press, that we didn't want anyone to be disappointed, so we are sending this issue to everyone on the mailing list. Remember: no more newsletter unless your renewal is received prior to mailing of the September issue !

ANNOUNCEMENT -

Helen Hyams has syllabi from the 2nd Balkan Workshop for sale for \$2 each. Thirty dances, Greek & Bulgarian music articles, maps, illustrations. Contact Helen Hyams, 120 NW 10th St, Gainesville 32601



# ACCOLADES —

This is to express our appreciation to our Newsletter editor for the past two years, Helen Hyams, for a job well done. Under her editorship was initiated a professional publication with photos, logo, interesting articles, and excellent coverage. She has established a high standard for us to maintain.

THANKS, HELEN!

This issue is being edited by The Whitehead Family: Susanne, Randi, Craig, Jeanie, and Cubby as an interim measure.

## AND AN INTRODUCTION —

Meet BEADIE (pen name) who will be editor for the September issue on. She has had considerable professional experience in publication and has offered to accept editorship of the Newsletter. From now on send all news items, event notices, calendar changes, etc. to her at P.O. Box 19461, Orlando, Fl. 32814.

## Folk Fest, Tally '76 (?)

Pat Jung would like each group interested in participating in a performance in Tallahassee on April 17, 1976, similar to the Feb. 1 Folk Fest in Tampa, to contact her, 2636-32 Mission Rd., Tallahassee 32304



# Vyts Workshop - TAINPA

The Tampa Folk Dancers hosted an enthusiastic group of more than 100 dancers for the Vyts Beliajus, August 8-9-10, 1975 workshop. Vyts, as always, was most patient as he taught such favorites as Klumpakojis (Wooden Shoes), Koja Koja (the Bump dance), Vederas (Blood Sausage), Sukcius (Cheat), and the intricate but most enjoyable Malunas with its wind-mill, grinders, et al.

Florida was well represented with dancers coming from all over the state: from Tallahassee to the Miami area. Several visiting folk dancers, academic school teachers from Austria on a tour of the United States, joined in all the proceedings, giving praise for the friendship and interest given them by the Florida dancers. The University of South Florida gave their ballroom for the Friday all-request program of international favorites. The other sessions were held in the student-activities room.

On Saturday, Jean Fisher and her hard working committee served a Lithuanian supper at the Lutz Community Center. Fried cabbage, one of the items on the menu, proved to be finger-lickin' good with succulent baked prune-stuffed apple for dessert. A young, enthusiastic University folk dancer, John Cornwell, showed off his hobby by baking the most delectable whole-wheat bread. The consensus of opinion had it that this was preferred over any cake that could have been offered.

After another all-request dance program Saturday night, Mary Quayle went all-out with a delicious Lithuanian Easter Cheese Delite.

"Mr. Viltis" showed his teaching ability in reviewing all the dances ably and comfortably as well as teaching a beautiful Nevestinsko Horo in the 9 to 12 Sunday morning session. Kisses, hugs, and good-byes filled the air as Vyts and the dancers concluded the workshop.

Thank you, Judith Baizan, for arranging this most enjoyable dance week-end.

## National Recognition —

In the May issue of "Prevention" magazine was an article by Esther Frankel, entitled, "Folk Dancing for Fun, Friendship, and Fitness". Some of the notable quotes from the article, "It expresses the very soul of a people and is therefore as varied as the inhabitants of our planet earth.....perhaps it's moving together to the same rhythm that makes it so natural for folk dancers to relate to one another.....it is also interesting that folk dancers seem to have much more in common than just the dance...the reason may be that it takes a certain type of personality to reach out beyond one's own borders to the culture, music, and dance of people of distant lands...they are humanists in every sense of the word, sharing a love for nature, the outdoors, and a respect for all living things... it is heartening to see an area where no generation gap exists.... folk dance is non-competitive, you are only in competition with yourself to see yourself improve....what other form of exercise can lead you to an understanding and love of your fellow man?"

Our Newsletter was listed as the information source for the South. So far we have received some 70 letters in response, approximately half from Florida and the other half from many states as far away as California and New York. Replies were sent to all the letters and, as of this writing, we have at least 4 new members as a result! The article is recommended reading.



# Gourmet Recipes from the Tampa Bash-

The following recipes are for the dinner served at the recent Lithuanian workshop and although some were taken directly from The Viltis Foods of the World Cookbook, slight variations were made in the interests of time, money and availability.

## Batviniai ( beet & leaf Borsht )

Mix 1 - 16oz. can beets, 1 - 15 oz. can turnip greens 1 bay leaf, 1 small diced onion, and beef bouillon to thin out. Before cooking the beets may be chopped fine or the soup put thru a blender.

## Cabbage Croquettes (Kopustu Kotlietai)

Cut, chop up, boil and drain cabbage enough for servings desired. For two small heads, add 1 small chopped onion (sautéed), parsley and dill to taste. Add 3 eggs (slightly beaten) and crumbs to bind the mixture. Salt to taste. Patty the cabbage mixture and roll in more bread crumbs. Fry " in butter". Yields 6 servings.

## Kugelis (Potato Cake)

Wash, peel, and grate or chop fine 10 potatoes. Fry 5 rashers of bacon until crisp and combine crumbled bacon with potatoes, bacon lard, 3 eggs, 1 c. milk, 1 large chopped onion, and 1 tsp. salt. Stir well in place in greased baking pan. Bake in preheated oven for about 1 hour, at about 350°.

## Obuoliai Kepti Su Slyvom (Apples with prunes and honey)

Core apples ( 1 for each serving ), place 2 pitted prunes (presoaked) into each cavity, pour in 1 Tbs. honey, sprinkle with cinnamon. Place in shallow baking dish with  $\frac{1}{2}$ " of water covering the bottom. Bake at 375° for 1 hour or until tender. Good hot or cold.

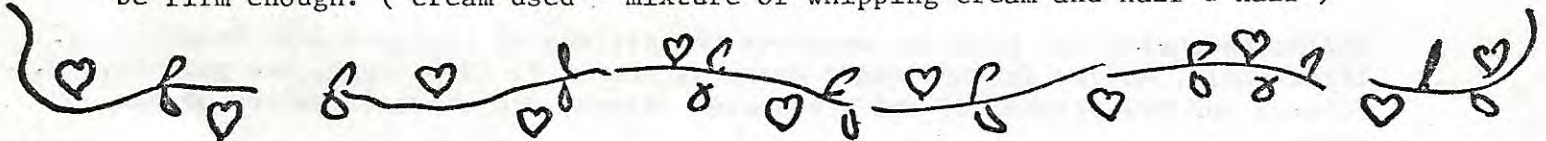
The Friday and Saturday evening snacks were Meduolis (honey cake) and Lithuanian Easter Cheese :

## Meduolis

Beat 1 cup honey, adding 1 cup sugar and 1 cup sour cream. Add, 1 at a time, continuing beating, 4 eggs. Mix 3 cups flour and 2 tsp. baking soda and add to honey mixture. Stir in 1 Tbs. mixed spices (cinnamon, cloves, pepper, ginger, cardamom, grated citrus rind) and 2 Tbs. melted butter. Pour 1" thick layer of batter into pan and sprinkle with  $\frac{1}{2}$  cup almonds. Bake 30-50 min. at 350° until golden brown.

## Lithuanian Easter Cheese

Mix well  $\frac{1}{4}$  lb. unsalted butter and  $\frac{1}{2}$  lb. sugar ( 1 cup and a little more ), gradually adding  $\frac{1}{2}$  cup cream and 2 lbs. cottage cheese which has been forced thru a fine strainer or potato ricer. Add  $\frac{1}{4}$  cup chopped almonds,  $\frac{1}{2}$  cup white raisins, vanilla. Blend very well. Place in a clean cloth, wrap up, place on board then place another board on top with a heavy weight above. Let stand in refrigerator or cool place. Should be stored a few days before serving so that it will be firm enough. ( cream used - mixture of whipping cream and half & half )



## WEDDING BELLS !

We are pleased to announce the marriage of Dave Digby and Karen Green of Orlando on June 29, 1975. Congratulations !!



# FT. LAUDERDALE BEA STATNICK

The "Around-the-World" Folk Dancers of Ft. Lauderdale, Florida, are eagerly looking forward to a new season. In addition to its regular Saturday 2:30-5 P.M. meetings which are open to all, a dancing picnic at Ft. Lauderdale's Snyder Park is scheduled for Sunday October 12, 1975. Facilities are also available for swimming and hiking. Bring charcoal for the grill and a beverage, your favorite records, comfortable shoes and clothing.

December 5, 6, and 7th 1975; will find the "Around the World" Folk Dancers at Avon Park, Fla., enjoying a dance-filled week-end with some time planned to take advantage of the natural surroundings and activities. Non-dancers, as well, will find the environment exhilarating. For information, phone or write Bea & Phil Statnick 91 N.E. 46th St. Ft. Lauderdale, Fla. 33334, Phone(305) 771-5287.

Pending sufficient prior registration, "Around the World" Fun with Folk Dancing classes are scheduled from 7-9 P.M.; Mondays, starting Oct. 6, 1975, at Broward Community College, Davie Central Campus Upstairs Gym. In-service credit is given to Broward County School Board Teachers. Certificates are given to all successfully completing this course. Tuesdays, starting Sept. 2, 1975, Crystal Lake Community School, Pompano Beach, Fla. Fridays, starting Sept. 12, 1975, Nova High School, 3600 S.W. College Ave; Davie, Fla. Contact the schools or Bea & Phil Statnick for more information.

The "Around the World" Folk Dancers cancelled their Aug. 9th session so that all who wished could attend the Vyts Beliajus workshop at the University of South Florida, Tampa, and are eagerly looking forward towards using the material taught in Vyts inimitable warm and friendly style.

## *The Folksdancing* - SARASOTA

The Maine Folk Dance Camp is a great experience. I spent a fabulous week there this summer. Mary Ann Herman is not only a good teacher (castanettes, teaching techniques etc.....) but is a fabulous person to co-ordinate such workshops. I thoroughly enjoyed the weekend with dancing with Nelda Drury, Andor and Ann Czompo, Joe and Jane Wallin, Ralph Page, David Vinsky, and from China, Yang Shang Song. The week was highlighted with such things as singing with the O'Donnells, Henry Lash's great cooking and costumes, doing the Chinese Fan Dance, tossing the caber in the Scottish games, Maine lobster and much, much more. I look forward to hopefully attending next year, and seeing some of the great friends I made this year again, and meeting many more folk dance friends.

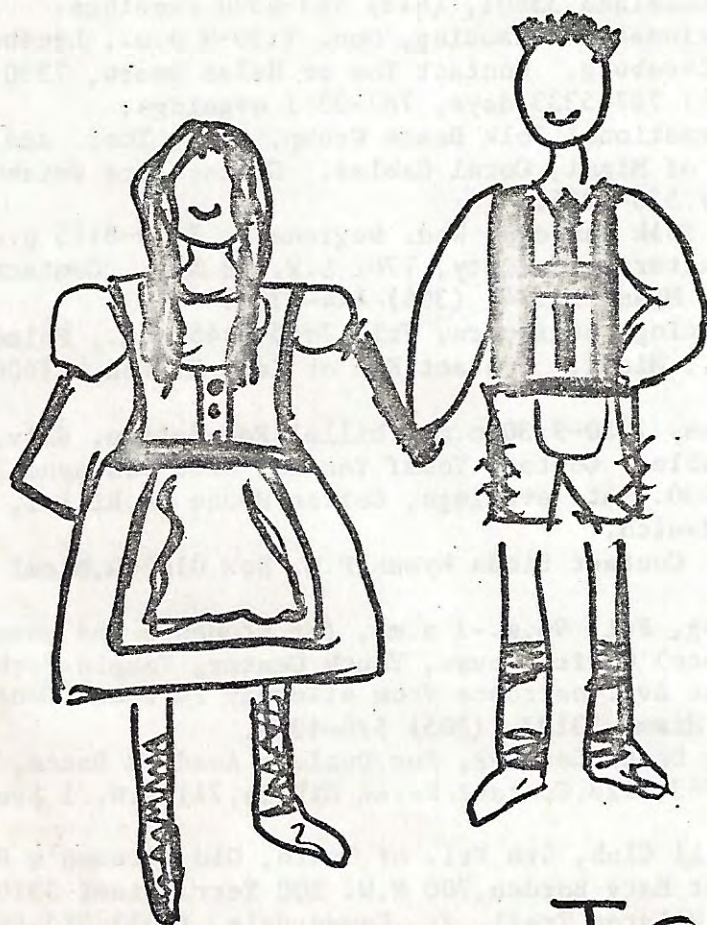
RANDI WHITEHEAD

The Folksdancing are happy to announce the arrival of Lynn and Jack Knight's first child, Andrew Jackson (Andy Jack) on August 9, 1975. Lynn, her parents, Yolonda and Wes Pritchard, and her sister, Vicki, are charter members of our group.



# Scottish Country Dance workshop.

A first for Florida: a full weekend of Scottish Country Dancing !  
December 5, 6, 7 at the Vinoy Park Hotel in St. Petersburg, taught by  
Marianne Taylor, certified Royal Scottish Country Dance Society teacher  
from Lexington, Mass. Details in the next Newsletter. Unpack your  
ghillies and mark your calendar. This is being sponsored by the Sarasota  
Scottish Country Dancers and it is important that we know as soon as possible  
what general interest there is in this workshop; please contact Cubby  
Whitehead, Route 3 Box 90, Sarasota 33580, Ph. 813/755-6212.



Folk Dancing Is Fun!!!



# ffdc directory

- Clearwater Scottish Dancing, Sun. 7:30 p.m., Peace Memorial Church, 107 S Osceola, Contact John Marsden, 107 S. Osceola, Clearwater, 33516, (813) 447-6176.
- Daytona Beach International Dancing, Mon. 8:30-10 p.m., YWCA, 344 S. Beach, Daytona Beach. Contact Susan Jane Horvath, 528 Bostwick Ave., Daytona Beach, 32018, (904) 255-5767.
- Ft. Lauderdale Around-the-World-Dancers, Sat. beginners, 1-2 p.m.; intermediate-advanced, 2:30-5 p.m., Holiday Park Social Annex, 844 N.E. 7th Ave. Contact Bea or Phil Statnick, 91 N.E. 46 St., Ft. Lauderdale, 33308, (305) 771-5287.
- Ft. Lauderdale Folk and Round Dance Class, beginners and intermediates, Fri. 2-5 p.m., Sunrise Recreation Center, 1720 N.W. 60 Ave., Ft. Lauderdale, (305) 739-2142. Contact Abe or Vivian Halpern, 8447 N.W. 10 St., Ft. Lauderdale, 33313, (305) 791-8833.
- Gainesville Univ. of Fla. Folk Dance Club, Fri. advanced, 8-9 p.m.; beginners, 9-10 p.m.; requests, 10-12 midnight, Norman Hall Gym, Univ. of Florida. Contact John Ward, 1503 N.W. 10 Ave., Gainesville 32605, (904) 376-0224.
- Hallandale Intermediate and advanced workshop, international folk dances, Hallandale Community Center. Contact Charles or Bea Kaufman, 920 S.W. 10 Terr., Hallandale 33009, (305) 929-5359.
- Hallandale International Folk Dancing, Tues. beginners, 7-8 p.m.; intermediate-advanced, 8-10 p.m., Hallandale Community Center, 500 S.E. 1 Ave. (at 5th St.). Contact Clarice or Bernie Adler, 11253 S.W. 172 St., Miami 33157, (305) 233-3117.
- Lakeland-Winter Haven Folk Dancing, Tues. night, 7:30 p.m., Ordway Arts Building off McDonald St. on Florida Southern College Campus, Lakeland. Contact Donna Roe, 1016½ Mississippi Ave., Lakeland 33801, (813) 683-0320 evenings.
- Leesburg Leesburg International Folk dancing, Mon. 7:30-9 p.m., Leesburg Montessori School, 415 Lee Street, Leesburg. Contact Tom or Helen Sears, 7330 N. Silver Lake Dr., Leesburg 32748, (904) 787-5333 days, 787-0861 evenings.
- Miami Univ. of Miami International Folk Dance Group, every Tues. and every other Sat., Flamingo Ballroom, Univ. of Miami, Coral Gables. Contact Ira Weisburd, 862 W. 47 St. Miami Beach, 33140, (305) 538-3966.
- Miami Miami International Folk Dancers, Wed. beginners, 7:30-8:15 p.m.; intermediates, 8:30-10:30 p.m., First Unitarian Society, 7701 S.W. 76 Ave. Contact Ginny or Manny Corwin, 4410 S.W. 13 St., Miami 33134, (305) 444-3730.
- Miami Scottish Country Dancing, beginners, Fri. 7:45-9:45 p.m., Palmetto Senior High School, 7460 S.W. 118 St., Miami. Contact Ken or Isis Hilton, 11600 S.W. 70 Ave., Miami, (305) 667-9059.
- Miami Israeli Dancing, Tues. 7:30-9:30 p.m., Hillel Foundation, Univ. of Miami, 1100 Miller Dr., Coral Gables. Contact Yosef Yanich, 4200 Biscayne Blvd., #3F, Miami 33137, (305) 576-4330. Sat. evenings, Coffee House at Hillel, basically for students. Contact Yosef Yanich.
- Miami Belly Dance Lessons. Contact Linda Hyams, P.O. Box 010506, Miami 33101, (305) 573-7956.
- Miami Beach Israeli Dancing, Fri. 9p.m.-1 a.m., for students and young adults, the "Hamifgahsh" (Meeting Place) Coffee House, Youth Center, Temple Beth Sholom, Arthur Godfrey Rd. & Chase Ave. (entrance from alleyway in rear). Contact Yosef Yanich, 4200 Biscayne Blvd., #3F, Miami 33137, (305) 576-4330.
- Miami-Ft. Lauderdale Belly Dance Lessons, Ron Daniels Acad. of Dance, Dade: (305) 759-1182; Broward: (305) 763-6128. Contact Karen Gillis, 711 N.W. 1 Ave., Ft. Lauderdale 33311, (305) 763-1193.
- Miramar Irish-American Ceili Club, 4th Fri. of month, Old Fireman's Hall, 7600 Venetian, Miramar. Contact Mary Borden, 700 N.W. 200 Terr., Miami 33169, (305) 625-1652; or Jack Smith, 3091 N.W. Holatee Trail, Ft. Lauderdale, (305) 587-5552.
- Orlando Orlando International Folk Dance Club, Wed. 7:57-10:30p.m., Unitarian Church, 1815 E. Robinson (at Hampton). Contact Dave Digby, 311 S. Brown Ave., Orlando 32801 (305) 894-3743; or Larry Wartell, 5706 Eggleston Ave., Orlando 32810, (305) 645-0290.



- Pensacola Tzigany, c/o Student Activities, Univ. of West Florida, Fri. beginners, 7:30-8 p.m.; intermediate-advanced, 8 p.m. on. Contact Jim Marsh, Physics Dept., Univ. of West Fla., Pensacola 32504, home phone (904) 438-3284; or Drew Harris, 1300 E. Tunis, Pensacola 32503, (904) 434-3744.
- Sarasota The Folksdancing, 2nd and 4th Wed. of month thru August, 7:30 p.m., I.O.O.F. (Odd Fellows) Hall, 200 N. Washington Blvd., Sarasota. After August 27th check for new meeting place. Contact Cubby or Jeanie Whitehead, Rt. 3, Box 90, Sarasota, 33580, (813) 755-6212 or 755-7005.
- Sarasota New College Folk Dancers, during school term, New College Music Room. Contact Elaine Feder, 615 Waterside Way (Siesta Key) Sarasota 33581, (813) 349-6413.
- St. Petersburg Eckerd College Folk Dancers, Sun. instruction, 6-7:30; requests 7:30 on. Fox Hall, Eckerd College, St. Petersburg. Contact Robin Beléy, EC Folkdance Coordinator, Eckerd College, Box 86, St. Petersburg 33733.
- Tallahassee FSU International Folk Dancers, 7:30-10:30 p.m. Sun., 7:00-10:00 Thur., Univ. Union Ballroom, year round. Contact Pat Jung, 2636-32 Mission Rd., Tallahassee 32304, (904) 576-3028; or Bob Weinstein, 446 Conradi St., #A-219, Tallahassee 32304, (904) 222-7576.
- Tampa Meetings Fri. 7-10 p.m., Forest Hills Community Center, 224 W. 109 Ave., Tampa. Contact Judith or Ernesto Baizán, 2503 Palm Dr., Tampa 33609, (813) 257-0001 or 245-1881.
- W. Palm Beach Sun. night Meetings, contact Mrs. June Volpi, 251 16th Way W., Riviera Beach, (305) 848-2072.
- W. Palm Beach Beginners and intermediate folk dancing, Century Village. Contact Rose or Sam Kanars, 129 Easthampton, Century Village, W. Palm Beach 33401.

## Calendar of Coming Events -

- Aug 29, 30, 31 - Florida Folk Festival, White Springs
- Oct 3, 4, 5 - Atanas Kolorovsky Workshop, Tampa
- Nov 7, 8, 9 - FFDC Fall Weekend, Mary Ann Herman, St. Petersburg
- Nov 15 - Central Florida Folk Festival, Apopka
- Thanksgiving - Miami Shloms Bachar Workshop, Miami (Contact Ginny Corwin)
- Dec 5, 6, 7 - Scottish Country Dance Workshop, Marianne Taylor, St. Petersburg
- Apr 17, 1976 - Folk Fest, Tallahassee (?)



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