



may 1973

ffdc newsletter



I am glad to have the opportunity to edit this Newsletter. I hope that it will not only serve its purpose of exchanging news and information about folk dance events, but that it will be interesting as well. However, whether or not it will be interesting and full of news--whether there will be a Newsletter at all--depends on you. When you think of something that might be used for the Newsletter, drop it in an envelope and send it to me. Anything received by the 15th of the month will be used in the next issue. Send articles; humor; cartoons; curious or informative things you may have read about folk dance; black and white photographs of parties, performances, or workshops (they will be returned to you); and anything about yourself or others in your group you think might be of interest. In addition, show the Newsletter to nonmembers. If they see the fun we have, they might want to join the ffdc. Ask new groups if they would like to be listed in the ffdc directory. Think of advertisers who might like to reach folk dancers. Help the Newsletter and the Council grow!

--Helen Hyams

We thank Bora Özkök for introducing us to the world of Turkish folk dance. In the space of five days he gave workshops in Tampa, Miami, and Tallahassee, placing at least one within reach of every Floridian. Bora charmed us with his dances and his personality and impressed us with his teaching techniques, with which we painlessly learned and



remembered a surprisingly large number of dances. Also to be wondered at was Bora's stamina: after driving the length of Florida, teaching Friday, Saturday, and Sunday in Tampa and Monday in Miami, he still seemed full of energy as he disappeared into the tornadoes and storms of North Florida to teach Tuesday night in Tallahassee, and then to continue on his way, making converts to Turkish folk dance as he went. Therefore, in memory of the good times we had at the workshops, we are devoting this issue of the Newsletter primarily to Turkish dance.

ffdc newsletter

The ffdc newsletter is a monthly publication of the Florida Folk Dance Council, Rt. 3, Box 90, Sarasota, FL 33580.

Officers of the Florida Folk Dance Council are:

- President--Cubby Whitehead
- Secretary--Donna Pezdek
- Treasurer--Nelle Westergard

Individual membership in the Florida Folk Dance Council is \$3.00 per year. Members are entitled to receive the Newsletter. It is available to nonmembers at 50¢ per copy. Groups may be listed in the ffdc directory free of charge.

Contributions to the Newsletter should be sent to Helen Hyams, 449 Anastasia, #2, Coral Gables, FL 33134.

ADVERTISING RATES

	One Month	Six Months	One Year
Full page	\$9.00	\$49.50	\$90.00
Half page	5.00	27.50	50.00
Quarter page	3.00	16.50	30.00
Eighth page	1.75	9.50	17.50



"NOW STAND NEXT TO SOMEONE WHO IS COMPATIBLE IN HEIGHT."

Dancing in the Streets? Come Inside

... AND DANCE WITH US!
THE MIAMI INTERNATIONAL
FOLK DANCERS

First Unitarian Church
7701 S.W. 76th Ave.

Wednesday nights

CONTACT: Harold or Helen Pelta
16200 S.W. 87th Ave.
Miami 33157

ffdc directory

CLEARWATER Scottish dancing, Sun. 7:30 p.m., Peace Memorial Church, 107 S. Osceola. Contact John Marsden, 107 S. Osceola, Clearwater 33516, (813) 447-6176.

CLEARWATER St. Petersburg Junior College Folk Dance Club, Clearwater Campus, Thurs. 6-8 p.m., in the field house. Contact Donna Pezdek, #106, 1630 Jefferson Ave., Largo, (813) 585-2592.

FT. LAUDERDALE Around-the-World Dancers, Sat. 2:30-5:00 p.m., Holiday Park Social Annex, 844 N.E. 7th Ave. Contact Bea or Phil Statnick, 91 N.E. 46th St., Ft. Lauderdale 33308.

GAINESVILLE Meetings Fri. 9:30-12:00 p.m., Norman Hall Gym, Univ. of Florida. Contact John Ward, 508 N.W. 36th Dr., Gainesville 32601, (904) 376-0224; or Barbara Klingberg, Box 228 Jennings Hall, Univ. of Florida, Gainesville 32601.

MIAMI Miami International Folk Dancers, Wed. beginners, 7:30-8:15; intermediates, 8:30-10:30 p.m., First Unitarian Church, 7701 S.W. 76th Ave. Contact Harold or Helen Pelta, 16200 S.W. 87th Ave., Miami 33157, (305) 233-5916.

MIAMI Univ. of Miami Folk Dance Club, 1st Fri. of month, Sep. to May, Flamingo Ballroom, Student Union, Univ. of Miami, Coral Gables 33124. Contact Helen Hyams, 449 Anastasia, Coral Gables 33134, (305) 448-5117.

MIAMI BEACH The Miami Beach group led by Morris and Mary Urovsky will resume in the fall.

ORLANDO Meetings Wed. 7:57-10:30 p.m., Unitarian Church, 1815 E. Robinson (at Hampton). Contact Dave Digby, 311 S. Brown Ave., Orlando 32801, (305) 894-3743; or Larry Wartell, 5706 Eggleston Ave., Orlando 32810, (305) 645-0290.

PENSACOLA Contact Jim Marsh, Physics Dept., Univ. of West Fla., Pensacola 32504, for time and place of meetings. Home phone (904) 438-3284.

SARASOTA Meetings 2nd and 4th Fri. of month, 7:30-10:30 p.m., Sugar Creek Camp Resort, 3300 26th Ave. E., Bradenton. Scottish Country Dancing, 2nd and 4th Mon. at the Folk House. For specific meetings contact Cubby or Jeanie Whitehead, Rt. 3, Box 90, Sarasota 33580, (813) 755-7005 or 755-6212.

TALLAHASSEE International dancing, Sun. 7:30-10:30 p.m., Student Union, Fla. State Univ. Contact Hal or Pat Jung, 1406 Atkamire Dr., Tallahassee 32304, (904) 576-7683.

TAMPA Meetings Fri. 7-10 p.m., Forest Hills Community Center, 724 W. 109th Ave., Tampa. Contact Nelle E. Westergard, 9330 N. Highland St., Tampa 33612, (813) 932-0830; or Judith or Ernesto Baizan, 2503 Palm Dr., Tampa 33609, (813) 257-0001 or 257-1881.

WEST PALM BEACH Sun. night meetings. Contact Mrs. June Volpi, 251 16th Way W., Riviera Beach, (305) 848-2072.

WEST PALM BEACH Beginners and intermediate folk dancing, Century Village. Contact Rose or Sam Kanars, 129 E. Hampton, Century Village, W. Palm Beach 33401.

Special thanks to Nelle Westergard, Judith Baizan, and Cubby and Jeanie Whitehead for their contributions to this issue.

Tampa's Turkish Workshop

by NELLE E. WESTERGARD

Dip with a bounce-bounce, Dip with a bounce-bounce. Heh, Heh, Heh, Heh! Le-Le-Le-Le-Le-Le-Le-Laaayeeee. These lyrical sounds are still ringing in the ears of those who attended the Turkish dance workshop in Tampa, March 30-April 1. (They're probably still ringing in the ears of the people living within a three-block radius of the North Rome Civic Center too.) Bora Özkök taught eleven dances and they were all so great no one could pick a favorite.

Turkish music is terrifically exciting and the excitement reached a high when Bora played his zurna to accompany some of the dances on Friday and Saturday nights. Saturday night he was accompanied on the drum by a Tampan, Daemon Baizan, who sounded like a Turk for the night. Other Tampans turned Turks cooked and served a Turkish dinner Saturday night which Bora assured us tasted authentic.*Some unforeseen visitors [the police, who had been called because of the lively music] almost put an unexpected end to the party, but a line of Radimirsko fans danced away the crisis without missing a step.

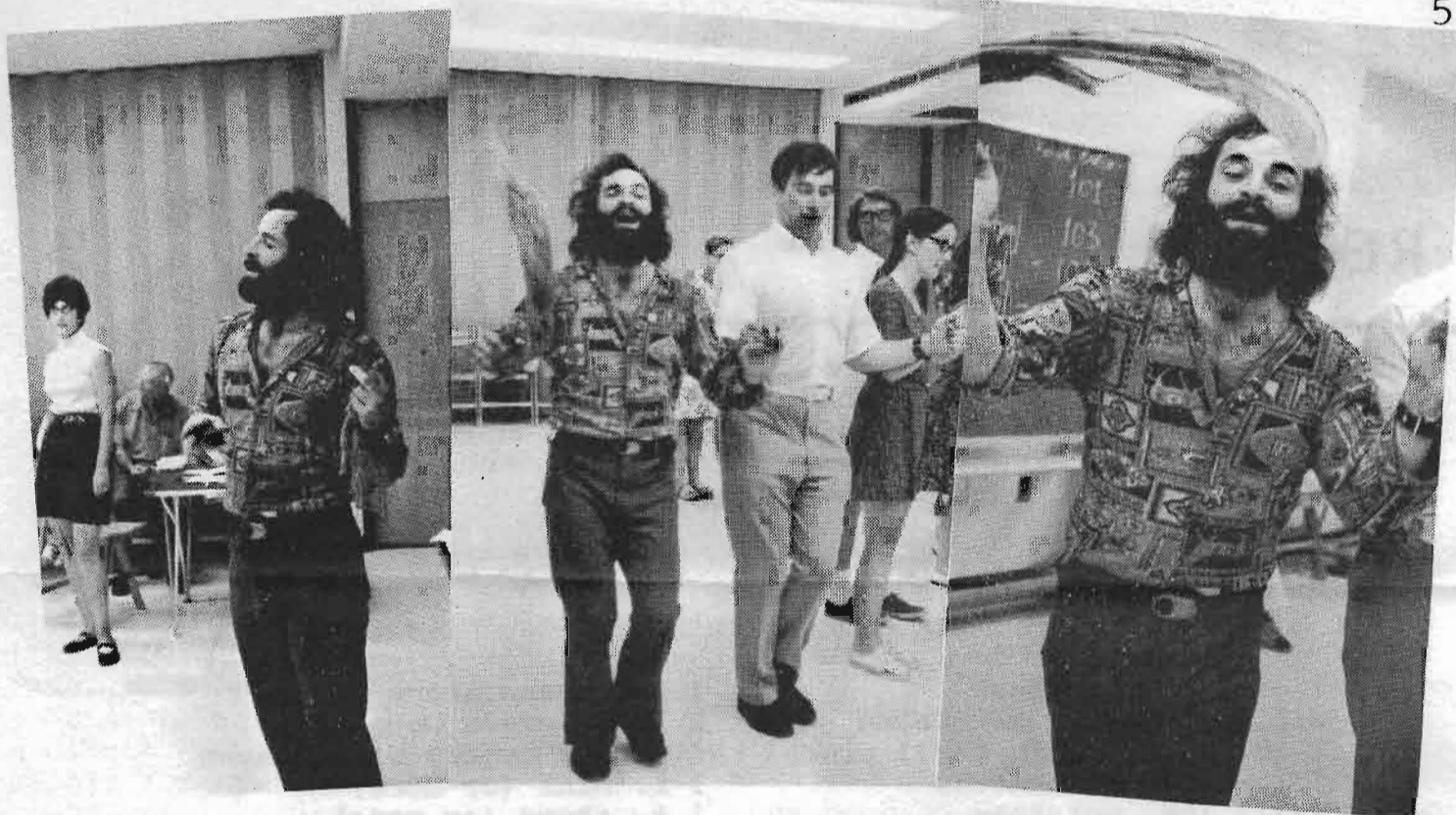
Participants came from the Sarasota, Orlando, and Miami groups as well as from Tampa and Clearwater. The Miami stalwarts, Harold and Helen Pelta, Helen Hyams, and Doris Hydro, drove their tired bodies back to Miami Sunday afternoon not to recuperate but to dance again Monday in their own workshop. Florida has some dedicated dancers!



*Recipes for the food served Saturday night are given on page 6.

THEN CAME MIAMI. Harold Nils Pelta provided the davul accompaniment to Bora's zurna. University of Miami President Henry King Stanford visited the workshop, along with two distinguished Turkish professors, Dr. Behram Kurşunoğlu, Director of the Center for Theoretical Studies, and Dr. T. Nejat Veziroğlu, Chairman of the Department of Mechanical Engineering, and their families. And the Miami dancers happily dipped, bounced, getched, and waved handkerchiefs far into the evening.





CITY OF MIAMI INTERNATIONAL FOLK FESTIVAL

Entertainment, exotic food, and crafts booths will make a small United Nations out of Miami's Bayfront Park Auditorium for four days next month. Based upon entries it has already received, the City of Miami's Second Annual International Folk Festival, scheduled for May 31st and June 1st, 2nd, and 3rd, will have at least sixty different nationalities and ethnic groups represented.

The Dominican Republic, Trinidad, the Phillipines, the Bahamas, and Brazil have already agreed to enter, in addition to many local organizations including Cuban, Hungarian, Puerto Rican, Greek, Scottish, Ecuadorian, Syrian, Lebanese, and Jewish groups. The Government of Guatemala is bringing an eleven-man marimba band plus folk singers and dancers, and the Trinidad government is arranging for units of the famous Carnival held there recently to participate in the "Parade of Nations" in downtown Miami on the night of June 2nd. Last year seven members of an ffdc member group, the Miami International Folk Dancers, performed five Balkan dances in Dalmatian costumes and were very well received.

Groups can enter in four categories: entertainment, including singing, dancing, and instrumental groups; food booths (there were seventeen at the first Festival); arts and crafts, including antiques and handicrafts of many nations; and the Parade of Nations. There will be no charge to enter the parade, entertainment, or arts and crafts divisions. There is a May 1st deadline for entering. Entry blanks are available from the Miami International Folk Festival, Suite 117, 2539 S. Bayshore Drive, Miami, FL 33133. All performers must wear national or ethnic costumes and supply their own music, as well as provide background information on the group.



RECIPES

Here, from Judith Baizan, is the recipe for the delicious main course we had at the Tampa workshop Saturday night, and from Nelle Westergard, the recipe for the equally good dessert.



TÜRLÜ

(A Little of Everything)

- | | |
|--------------------------------|---|
| 2 good-sized onions | 1 lb. green beans |
| oil, butter, or margerine | 2 large green peppers |
| 1 lb. meat cut in small pieces | 4 stalks celery with leaves |
| 1 10-oz. can tomatoes | 1 t. mint (or more) |
| 4-1/2 lbs. potatoes | 1 t. thyme (or more) |
| 1 large eggplant | salt, pepper, hot sauce, or cayenne
to taste |

Grind or grate onions and sauté in oil 5 minutes. Add meat and sauté 5 or 10 minutes more. Add tomatoes with juice, cover, and cook about 40 minutes. Quarter potatoes and brown lightly. Brown coarsely chopped eggplant. Coarsely chop green beans, peppers, and celery. Combine all ingredients and season to taste. Place in covered container and bake in 350° oven 1 hour or more. Makes 10 servings.

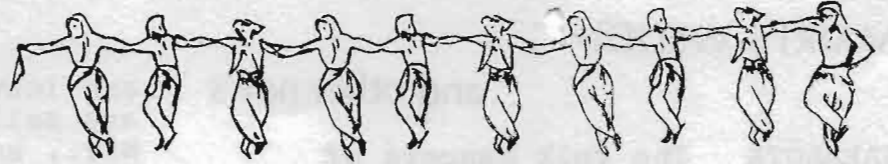
REVANI (Turkish Cake)

- | | | |
|-----------------|----------------------------|------------------|
| 9 eggs | 1/3 c. flour | Syrup: |
| 1 c. sugar | 1-1/2 c. fine-grain farina | 4 c. sugar |
| rind of 1 lemon | (use Cream of Wheat) | 5 c. water |
| pinch of salt | 7 T. butter, melted | 2 T. lemon juice |

Preheat oven to 350°. Separate eggs into two bowls. Add 1 c. sugar and lemon rind to egg yolks and beat well 7 or 8 minutes. Set aside. Add pinch of salt to egg whites. Beat until stiff, about 7 or 8 minutes.

Mix flour well with farina. Add to egg yolks, a little at a time, stirring with wooden spoon. Fold in egg whites. Stir until all ingredients are blended thoroughly. Add 6 T. melted butter. Stir again to blend in butter.

Grease, using remaining butter, and flour a rectangular baking pan. Empty entire mixture into pan. Bake for about 1 hour. [Nelle's was done in about 30 to 40 minutes, so watch it.] Prepare syrup 15 minutes before cake is ready. Place sugar, water, and lemon juice in saucepan. Cook over medium heat, stirring constantly until sugar is dissolved. Bring to boil and simmer 10 minutes without stirring. Remove cake from oven, and pour syrup over it, a little at a time, until all is absorbed. Cool 2 hours. Store in refrigerator. Can be served with ground pistachios, fresh strawberries, or whipped cream.



Notes on Turkish Dance

[The following excerpts are from Dances of Anatolian Turkey, by Metin And, a 76-page paperback book on the history, music, and costumes of Turkish folk, theatrical, and religious dancing. The book is illustrated with photographs and drawings, and is available from Johnson Reprint Corp., 111 Fifth Ave., New York, N.Y. 10003, for \$4.00.]

Turkish dances can be divided into three typical choreographic categories: the ring or chain dances, couple dances and solo dances. The closed circle dances are fewer than the chain or straight line dances, sometimes both are combined and give way to one another, the dancers either breaking the circle to range in a semi-circle or vice versa. In some instances the ring encircles a person. It is sometimes the drummer who stands in the middle of the circle as in the mengi from Izmir, or the bridegroom with the drummer as in a halay danced at weddings in Niğde. . . .

Many of the dances appear to be extremely simple and without climax, not to say monotonous, and yet the precision with which they are accomplished, the simultaneousness of every movement and their fascinating rhythm cannot be easy to acquire. In style the women's dances are quiet and restrained and the men's are, generally, vigorous. Maybe there is no single Turkish dance representative of the whole country and yet each dance contains certain common elements of style and basic movements. Among these basic movements one which is most common throughout the country is the crouching or kneeling movement, which could be due to a Central Asian influence. Almost every region has this movement in one form or another. Another characteristic is the lifting of one knee to a half

bent position so that the sole of the foot is parallel to the ground while the other leg supports the weight. Heavy stamping of the feet is another typically Turkish characteristic. Almost every Turkish dance opens with the dancers hardly moving. They listen to the music, prepare themselves and tune themselves to the rhythm. After a while one can see from the light on their faces that they are ready. . . .

Two instruments are most popular and almost indispensable as accompaniment for the dance--the zurna and davul. The first is a conical shaped, oboe-like instrument with a shrill sound. It has a reed mouthpiece and disk which serve as support for the lips of the player. Similar instruments can be found in other parts of the East. The names, too, bear a strong resemblance to each other. In Arabic the zurna is called surnay, in Persian surna and in Indian sanai. In Chinese it is suonah, and in Yugoslavian it is zurla. The second instrument, the davul, is a large two-headed, cylindrical drum. The player hangs the instrument from his shoulder and plays both drumheads with two sticks. The one in his left hand is a tiny flexible stick called çomak and the one in the right hand is a hammer-headed stick called tokmak, which is used to punctuate the rhythm. . . .

There are other wind instruments and percussion instruments. Mey (not to be confused with ney which is a horizontal flute) resembles the zurna in sound but differs from it by its smaller size and cylindrical shape. There is the kaval, a shepherd's flute made either of wood or metal, which can be found also in Bulgaria and Rumania under the same name. There is a primitive bagpipe called the tulum, which is found mostly in the North Eastern part of Turkey. It is made from goat or sheepskin and has two pipes, one with five holes and the other with two.

MAIRI'S WEDDING

...and other news

SARASOTA The folk dancers of the Sarasota area recently had a special treat at their biweekly dance at Sugar Creek campground. DICK and HULDAH BREDEBERG from St. Petersburg taught several Swedish folk dances while Dick accompanied the dancers on the accordin. What a difference dancing to live music! CUBBY and JEANIE WHITEHEAD enjoyed sharing in Pine View School's social studies class by teaching English and Greek dances during their recent day-long unique festivities exploring the cultures of those countries. Their daughter, RANDI, attends Pine View.

ELAINE FEDER has just started a Siesta Key folk dance group--mainly for couples interested in a serious-type program of progressive instruction. Elaine has also started a series of folk dance classes in the Adult Education program in Sarasota on Tuesday evenings.

MIAMI Spring is here and many of the Miami dancers are starting their yearly trips to the north. JOE and ROSE FRIEDMAN, who just joined ffdc,

are leaving the middle of May, but are selling their home in Pond Eddy, N.Y., and will move back to Miami permanently in the fall. MORRIS and MARY UROVSKY are leaving the end of May for the Hy-Sa-Na Lodge in Fern-dale, N.Y. They spend every summer there, teaching dance, performing, and running weekly costumed folk dance parties. What a wonderful way to spend the summer. BERNIE and CLARICE ADLER will also be leaving the end of May. They spend the summer in Eastchester, N.Y., dancing, of course. Their daughter MARILYN entertained the Miami International Folk Dancers with a belly-dancing exhibition this month. Several of our folk dancers have recently started belly-dancing lessons. BART CORWIN, the Arkan addict, will be leaving soon for the state of Washington. He has been assured that folk dancing is alive and well there. His parents, MANNY and GINNY CORWIN, are soon going to Greece for a vacation. Will Ginny bring back a new hasapikos? And our fearless leader HAROLD NILS PELTA has started teaching folk dance in the Physical Education department of the University of Miami. Possibly the only joint university appointment in law and folk dancing.

COUNCIL ANNOUNCEMENTS

There are still several copies of the syllabus from the March workshop. All corrections have been made, they have been re-collated, (recipes have been put next to the men), and the instruction sheets for the Hungarian dances taught by Julius Horvath have been added. They are available for \$1.00 per copy postpaid from Cubby Whitehead, Route 3, Box 90, Sarasota 33580.

For those of you who were registered at the March workshop but who for one reason or another failed to receive Julius Horvath's Hungarian dance instruction sheets, there are a few sets remaining. Send a stamped, self-addressed envelope to Cubby Whitehead at the above address.

CAMP QUESTIONNAIRES

Nelle Westergard reports:

According to the replies I have received, the majority favor a programmed party the first night of camp with some limit on dance time, but with no time limit for the last night. The majority of the respondents also indicated that they could attend for 2-1/2 days if the camp is held the weekend of Washington's official birthday this spring. Cheese, fresh fruit, and punch were favored for snacks. However, it should be pointed out that only eight questionnaires were returned. If the rest of you do not agree with what these eight have reported, for goodness' sake send in your questionnaire. This is your chance to express your preferences as members of the Council.